

S.M.A.R.T. Plans for Survival Preppers

There's an old saying that goes, "If you fail to plan, you plan to fail." As someone who is engaged in survival prepping, that saying might not seem as if it applies to you. After all, you're digging into the topic to see how you can best prepare for any disaster and protect your family – and you should be applauded for that.

However, there's a big difference between planning properly and planning from a state of desperation and panic. What we saw during the pandemic as well as what we've seen during many weather events was a lot of panic induced preparations, which led to people hoarding supplies and other problems.

It also resulted in individuals not being able to think straight and prioritize their needs. They were stocked up on toilet paper, without even considering first aid supplies, food and water, etc.

That's why you want to learn how to apply the S.M.A.R.T. goals to your survival prepping efforts. This is an acronym that stands for Specific, Measurable, Actionable, Realistic and Timely.

Some people replace the word *actionable* with words like *attainable* or *achievable*. However, when it comes to survival prepping, anything is possible for you to achieve - you just have to have actionable steps that you and your loved ones can implement when and if the need arises.

Specific Prepping Plans You'll Need for Survival Situations

If you want to be smart about your survival needs, you need to plan for every area that may be compromised during a SHTF event. Sometimes, people don't necessarily know what they need to plan for, primarily because they haven't ever been through something serious where it altered their way of life.

You need plans for at least 10 different lifestyle changes that could occur, whether you are faced with a global scare, a local one, or even something that just hits you personally.

These could be based on things taking place in nature, such as a natural weather event, it could be health related, it could be a result of war or terrorism as well as civil chaos, or something else entirely.

The first thing that most people think about, naturally, is to make sure they have enough food in place to survive an event where they may or may not be able to get to the store or the store shelves may be empty due to supply chain issues.

Not only should your plans include stocking up on enough food to get you through the coming months and even years, but you also want to think ahead to what will happen if you are not able to return to a place of being able to purchase what you need.